

PRACTICE QUESTIONNAIRE

EHS M270 / CHS 278
Work and Health
Spring 2012

Demographics Questionnaire

1. Date of Interview: ____ / ____ / 2012

2. Age: ____

3. Gender: ____ Male ____ Female

4. What is the highest grade or year of school you completed, including trade or vocational school or college?

GRADES 1-12 (highest) ____ or:

CIRCLE RESPONSE FOR HIGHEST NUMBER BELOW:

GED 13

COLLEGE

VOCATIONAL

1 Year 14

2 Years 15

1 Year 14

3 Years 16

2 Years 15

4 Years 17

3 Years 16

Graduate School or Professional School . . 18

5. Present job title: _____

a. How long have you had this title? ____ Years ____ Months

b. Briefly describe your main duties for this job title:

Job Content Questionnaire (selected items)

	strongly <u>disagree</u>	<u>disagree</u>	<u>agree</u>	strongly <u>agree</u>	
1. My job requires that I learn new things	1	2	3	4	
2. My job involves a lot of repetitive work	1	2	3	4	
3. My job requires me to be creative	1	2	3	4	
4. My job allows me to make a lot of decisions on my own	1	2	3	4	
5. My job requires a high level of skill	1	2	3	4	
6. On my job, I am given a lot of freedom to decide how I do my work	1	2	3	4	
7. I get to do a variety of things on my job	1	2	3	4	
8. I have a lot to say about what happens on my job	1	2	3	4	
9. I have an opportunity to develop my own special abilities	1	2	3	4	
10. My job requires working very fast	1	2	3	4	
11. My job requires working very hard	1	2	3	4	
12. My job requires lots of physical effort	1	2	3	4	
13. I am not asked to do an excessive amount of work	1	2	3	4	
14. I have enough time to get the job done	1	2	3	4	
15. I am free from conflicting demands others make	1	2	3	4	
16. My job security is good	1	2	3	4	
17. People I work with are competent in doing their jobs	1	2	3	4	
18. People I work with take a personal interest in me	1	2	3	4	
19. People I work with are friendly	1	2	3	4	
20. People I work with are helpful in getting the job done	1	2	3	4	
21. My supervisor is concerned about the welfare of those under him	1	2	3	4	
22. My supervisor pays attention to what you are saying	1	2	3	4	
23. My supervisor is helpful in getting the job done	1	2	3	4	
24. My supervisor is successful in getting people to work together	1	2	3	4	
	<u>regular and steady</u>	<u>seasonal</u>	<u>frequent layoffs</u>	<u>both seasonal & frequent layoffs</u>	<u>other</u>
25. How steady is your work?	1	2	3	4	5
	<u>never</u>	<u>faced possibility once</u>	<u>faced possibility more than once</u>	<u>constantly</u>	<u>actually laid off</u>
26. During the past year, how often were you in a situation where you faced job loss or layoff?	1	2	3	4	5
	<u>not at all likely</u>	<u>not too likely</u>	<u>somewhat likely</u>	<u>very likely</u>	
27. Sometimes people permanently lose jobs they want to keep. How likely is it that during the next couple of years you will lose your present job with your employer?	1	2	3	4	

Effort- Reward Imbalance Work Related Questions II (selected items)

For each of the following statements, please indicate whether you agree or disagree with it.

- | | |
|--|--|
| 12. I have constant time pressure due to a heavy work load. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |
| 13. I have many interruptions and disturbances in my job. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |
| 14. I have a lot of responsibility in my job. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |
| 15. I am often pressured to work overtime. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |
| 16. My job is physically demanding. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |
| 17. Over the past years, my job has become more and more demanding. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |
| 18. I receive the respect I deserve from my superiors. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |
| 19. I receive the respect I deserve from my colleagues. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |
| 20. I experience adequate support in difficult situations. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |
| 21. I am treated unfairly at work. | <input type="checkbox"/> (1) Disagree <input type="checkbox"/> (0) Agree |
| 22. I have experienced or I expect to experience an undesirable change in my work situation. | <input type="checkbox"/> (1) Disagree <input type="checkbox"/> (0) Agree |
| 23. My job promotion prospects are poor. | <input type="checkbox"/> (1) Disagree <input type="checkbox"/> (0) Agree |
| 24. My job security is poor. | <input type="checkbox"/> (1) Disagree <input type="checkbox"/> (0) Agree |
| 25. My current occupational position adequately reflects my education and training. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |
| 26. Considering all my efforts and achievements, I receive the respect and prestige I deserve at work. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |
| 27. Considering all my efforts and achievements, my work prospects are adequate. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |
| 28. Considering all my efforts and achievements, my salary / income is adequate. | <input type="checkbox"/> (0) Disagree <input type="checkbox"/> (1) Agree |

General Health Questionnaire

We want to know how your health has been in general over the last few weeks. Please read the questions below and each of the four possible answers. Circle the response that best applies to you. Thank you for answering all the questions.

Have you recently:

1. been able to concentrate on what you're doing?

better than usual	same as usual	less than usual	much less than usual
(0)	(1)	(2)	(3)

2. lost much sleep over worry?

not at all	no more than usual	rather more than usual	much more than usual
(0)	(1)	(2)	(3)

3. felt that you are playing a useful part in things?

more so than usual	same as usual	less so than usual	much less than usual
(0)	(1)	(2)	(3)

4. felt capable of making decisions about things?

more so than usual	same as usual	less than usual	much less than usual
(0)	(1)	(2)	(3)

5. felt constantly under strain?

not at all	no more than usual	rather more than usual	much more than usual
(0)	(1)	(2)	(3)

6. felt you couldn't overcome your difficulties?

not at all	no more than usual	rather more than usual	much more than usual
(0)	(1)	(2)	(3)

7. been able to enjoy your normal day-to-day activities?

more so than usual	same as usual	less so than usual	much less than usual
(0)	(1)	(2)	(3)

8. been able to face up to your problems?

more so than usual	same as usual	less than usual	much less than usual
(0)	(1)	(2)	(3)

9. been feeling unhappy or depressed?

not at all	no more than usual	rather more than usual	much more than usual
(0)	(1)	(2)	(3)

10. been losing confidence in yourself?

not at all	no more than usual	rather more than usual	much more than usual
(0)	(1)	(2)	(3)

11. been thinking of yourself as a worthless person?

not at all	no more than usual	rather more than usual	much more than usual
(0)	(1)	(2)	(3)

12. been feeling reasonably happy, all things considered?

more so than usual	same as usual	less so than usual	much less than usual
(0)	(1)	(2)	(3)